

# FPG workshop schedule Beltaine 2019

## WEDNESDAY

### **Animal Tails Mundane & Magickal**

4:00pm – 5:30pm ~ Spirit Temple ~ Oberon Zell

Oberon and Morning Glory lived their 40 years together in the midst of a veritable zoo of animals, wild and domestic, mundane and magickal. They worked with Wildlife Rescue and Critter Care in wild animal rescue, rehabilitation and release. In addition to the usual cats, they shared their lives and homes with giant snakes (boas, pythons), lizards (iguana, tegu, bearded dragons), deer (Falene, Kira), a feral pig (Ankh-Ankh), several sweet possums (Participle, Raspberry, Able, Blossom), a great horned owl (Archimedes), a regal golden pheasant, adolescent green herons, liberated lab rats, Guinea pigs, weaselly ferrets, wascally wabbits, and most famously, authentic living Unicorns. Each of these were real characters, and Oberon will share some of their amusing stories. (All Ages Welcome)

### **Stone Grill: Hosted by Brotherhood of the Spear and Sisterhood of the Shield**

Much like a Stone Soup, a Stone Grill relies on the contributions of others to make the meal. Suggested donations are cuts of meat, chicken, sausages, veggies, cans of beans, anything that can be thrown on the grill. Contributions can be dropped off at registration or at the Brotherhood/Sisterhood Tent. All contributions to the Stone Grill will be cooked and available for everyone to enjoy. Please bring your own plate, utensils and beverages with you when you come. (All Ages Welcome) \*special note\* if you are bringing meat or poultry, please make sure it is defrosted.

### **Opening Ritual**

8:00pm ~ Fire Circle ~ Temple of Earth Gathering

In this ritual we will build a circle of protection and take time to honor each other and our years together as a community as well as welcome festival newcomers to our family We also take time in this ritual to provide important information and any scheduling updates and introduce you to our Headliners and Staff and light our Sacred Flame. Be sure to arrive early and bring a chair or ground cover. (All Ages Welcome)

### **Sacred Drumming and Dancing**

10:00pm - ?? ~ Fire Circle ~ Kelso and Friends

One of the most sacred areas of our festival is our Fire Circle. Drummers, dancers, revelers, on-lookers, families and friends gather each night for drumming, dancing, friendship and community fellowship. (All Ages Welcome)

### **Raising the Altars**

10:30am – Noon ~ Sylphs Breeze ~ Trinity & Joy

In this workshop we will erect 4 altars around the camp for people to visit throughout the weekend. During this workshop we will cleanse the area, set up the altar and evoke the spirit of the God or Goddess we are setting the altar for. We will meet at Sylphs Breeze (East) and walk around the site to set up the altars. (All Ages Welcome)

## THURSDAY

### **Learning the Super Haka Part 1**

10:30am – Noon ~ Brotherhood/Sisterhood Tent ~ Eric Rhoads & Amanda Osborne

The Haka is a tribal dance that the Maori tribes of New Zealand would perform before going into battle against a rival tribe or before going hunting. Today the dance is made famous by the New Zealand Rugby team, the All Blacks, which refers to their jersey colors. They use the Haka before every game as an intimidation factor towards the team they are playing on that day. The New Zealand people also perform the Haka to honor people, whether when a mentor retires or when someone has passed away and they perform it as a blessing to the spirit of the loved one who has passed on. you can see videos of the Haka performed by U.S. sports teams, flash mobs, someone's graduation or birthday party. It was a regular staple at FPG's maypole for many years. We have performed the Haka for loved ones who had passed as both an honor to them and to help strengthen those that have suffered the loss of their loved ones in their life. This will definitely be a special moment for everyone. Come join us for this great event. (All Ages Welcome)

### **Basic Henna**

10:30am – Noon ~ Salamander's Inferno ~ Red Tent Henna

History of Henna, safe practices and uses, and symbols used in henna. (All Ages Welcome)

### **Crystal Singing Bowl Meditation**

10:30am – Noon ~ Stage ~ DruAnn Welch

Come soothe your mind and relax your soul as you listen to the sounds of the Crystal Singing Bowls. (All Ages Welcome)

### **Working with the Ancestors**

10:30am – Noon ~ Undine's Grotto ~ Carrie Leitch

Our Ancestors can be a font of knowledge, wisdom, and power that can lead to wonderful blessings not only for the practitioner, but for their Beloved Departed as well. In the last few years, our Ancestors have enjoyed a renaissance of honor and recognition among people from a variety of traditions in the West. However, many of those who would like to honor and work with their Ancestors often don't know where to start. While Ancestor worship exists all over the world and each tradition can be very different. This lecture is intended to give students some basic knowledge in order to begin working with the Ancestors in a practical manner. (All Ages Welcome)

### **Hystory's Mysteries**

1:00pm – 2:30pm ~ Spirit Temple ~ Oberon Zell

Are you fascinated by secrets of the past and legends of lost lands and sunken continents? Have you wondered where the Garden of Eden was located? When and where did the Great Flood of Noah occur? Where were Atlantis, Mu and Lemuria? What is the connection between King Arthur and the Amazons of Wonder Woman? What happened in 50 BCE that changed all of Western history to follow—including the Roman Empire and the rise of Christianity? Where was Middle Earth, and what were the "Crystal Ships" of Tolkien's Elves? What is the relationship between the sinking of Atlantis, the Flood of Deucalion, and the Exodus? What was the secret of ancient Crete?

Oberon was a major contributor to the book, *Exposed, Uncovered, & Declassified: Lost Civilizations & Mysteries of the Past* (New Page, 2012), and he created numerous maps of "Paradises Lost." (All Ages Welcome)

### **Basic Herbs**

3:00pm – 4:30pm ~ Vendor's Row ~ Wolfheart Herbals

Learn about Herbs and Herbology from a man who knows his stuff! (All Ages Welcome)

### **Solomonic Talismans: Their History, Creation, and Use**

3:00pm – 4:30pm ~ Salamander's Inferno ~ Aaron Leitch

The creation and use of Talismans in the Solomonic tradition has been foundational to Western occultism, yet the old texts that describe them have often been confusing and incomplete. The Key of Solomon itself, for instance, contains two entirely different sets of instructions for creating its Talismans, which has created confusion for both scholars and practitioners for hundreds of years. Recently, missing pieces of the puzzle have been discovered, and in some instances returned to their place, throwing a considerable light on an obscure subject. We will cover these new findings, explore what the grimoires teach about Talismanic magick, and discuss how to properly employ them. (All Ages Welcome)

### **Asphalt, Concrete & Steel – Urban Magic for City Pagans**

3:00pm – 4:30pm ~ Spirit Temple ~ Patti Wigington

We'd all love to scamper about in a forest or a field being magical and Pagan and witchy... but realistically, that's not always possible. If you live in a city or suburb, never fear - there are still plenty of ways you can practice a magical life! Learn how to use city and suburban elements in your magical workings and rituals. (All Ages Welcome)

### **Meditation and its Mind and Body Benefits**

3:00pm – 4:30pm ~ Undine's Grotto ~ Ann Marie Garrett

Meditative techniques are the product of diverse cultures and peoples around the world. It has been rooted in the traditions of the world's great religions. Meditation originally was meant to help deepen understanding of the sacred and mystical forces of life. Meditation is now one of the proven alternative therapies. The value of Meditation to alleviate suffering and promote healing has been known and practiced for thousands of years. In this class we will discuss various meditative techniques and their value in our day to day lives. (All Ages Welcome)

### **Inipi Sweat Lodge**

**Women's Lodge** ~ Thursday ~ 7:00pm ~ Freedom Circle

**Co-Ed Lodge** ~ Friday ~ 7:00pm ~ Freedom Circle

All should bring a blanket with which to cover the Lodge. The Lodge is made up of a frame constructed out of willow branches. The Lodge must be covered completely to hold in the heat and block out any light. Bringing your own blanket puts your personal energy into the construction of the Lodge. This ceremony is approached in a humble and peaceful manner. Around the sacred fire is the place to center ourselves and connect with the Creator prior to entering the Lodge. In the Apache tradition, we go into the Lodge as we came into the world, without clothing. The Lodge represents the womb of the Mother Earth. We will wear a towel wrapped around us outside the Lodge and then drop the towels once inside. Pride, ego, and false modesty are left at the door. We enter as equals and are only concerned once inside with our own prayers. We are never concerned about what people look like or what others think about how we look. We enter the womb, die a symbolic spiritual death, and emerge reborn and renewed. There is no charge for the ceremony — just an exchange of energy for balance. Some people leave crafted items, objects from nature, books, CDs, etc. Some people leave nothing at all as they maybe financially unable to give something. An exchange of energy can still take place through writing a poem, giving a big hug to the facilitator, etc. (Ages 18 and Up Welcome)

### **Meet & Greet – Star Wars: Mos Eisley Cantina!**

Thursday ~ 8:00pm ~ Brotherhood/Sisterhood Tent

Everyone is welcome to the Mos Eisley Cantina Grand Opening! Join the Racdeer Landing as they celebrate the new location of the Most Wretched Hive of Scum and Villainy. Costumes are encouraged but not required. Come right in and find a seat, sit back, relax and enjoy Star Wars inspired drinks and snacks while playing a round of trivia, a hand of poker or learn to play Sabacc. Hang out with some Star Wars-inspired characters and villains. One never knows when a traitorous story will unfold! (All Ages Welcome)

### **Sacred Drumming and Dancing**

10:00pm - ?? ~ Fire Circle ~ Kelso and Friends

One of the most sacred areas of our festival is our Fire Circle. Drummers, dancers, revelers, on-lookers, families and friends gather each night for drumming, dancing, friendship and community fellowship. (All Ages Welcome)

## **FRIDAY**

### **Healing Circle**

10:30am - Noon ~ Healing Tent ~ Grey Ghosthawk

Join us each morning for an Energy Healing Circle using many techniques including Usui Shiki Ryoho Reiki, Native American and Mexican Folk Medicine, and Peruvian Crystal Therapies. This is not a lecture-format workshop, but a hands-on healing session. (Ages 18 and Up Welcome)

### **Cycles and Seasons of Gaean Emergence**

10:30am - Noon ~ Spirit Temple ~ Oberon Zell

Earth-centered spirituality has awakened in 60-year cycles going back at least to the Italian Renaissance of the 1480s. In each of these cycles, certain common themes emerged—foremost among them being a recurrent resurrection of classical Pagan elements in the arts, poetry, music, literature, drama, ritual and spirituality. And the Return of the Goddess was a major focus of artists and poets, who claimed Her patronage as Muse. Now, in anticipation of the next cycle in the 2020s, the Wheel is turning again, and consciousness of the Goddess is re-emerging throughout the world. What can we expect this time around? (All Ages Welcome)

### **You Can Play the Flute and Love It!**

1:00pm – 2:30pm ~ Vendors Row ~ Spidersong Flutes

The Native American flute has been reported to be the third oldest known musical instrument in the world. Native Flutes have been used all over the world for spirit calling ceremonies, powerful prayer ceremonies, courting and love songs. The flute workshop is for those just starting out or just interested in the Native American flute. The workshop will cover the basics of playing a Native American flute including scales, fingering and special techniques. How to care for your flute, what to look for when buying a flute and a bit of the history of the instruments will be provided. Whether you own a flute or not you can attend. Flutes will be for use during the workshop. I will also talk about and show how to play overtone flutes. (All Ages Welcome)

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### **Leggo Your Ego**

1:00pm – 2:30pm ~ Gnome's Knoll ~ DruAnn Welch

Let's talk about the ego and its purpose and then we will plug it in to your heart space. Learn why and shift your vibration. (All Ages Welcome)

### **Flying Solo – Pagan Practice for Solitaries**

1:00pm – 2:30pm ~ Spirit Temple ~ Patti Wigington

Do you practice as a solitary Pagan, witch, or Wiccan? Learn some tried & true tips on a successful solitary practice, as well as the basics of ritual and spell construction! Bring a notebook to write down ideas - and if you'd like to share some of your own, we'd love to hear them! (All Ages Welcome)

### **Yarn Art**

1:00pm – 2:30pm ~ Vendor's Row ~ Opal Luna and Karl the Drum Guy

Learn about the indigenous people of Mexico and try your hand at a God's Eye or piece of yarn art. Stories, chanting and crafting galore. All supplies will be provided. A love offering would be appreciated but not necessary. (All Ages Welcome)

### **Druidry for the Today's Pagans**

1:00pm – 2:30pm ~ Undine's Grotto ~ Rev. Ayliah Cannon

Druidry has a rich history handed down from Ancestors, but not all practices apply to today's pagan. Today's world is often colored by chaos, materialism and despair. Druidry offer a chance to heal, empower and balance the challenges we face in this changing world. Druidry also offers us new ways to respond to old dilemmas. Nature work will always be a core element, but it's taking on a new look to meet changing needs. (All Ages Welcome)

### **Creating Box Shrines and Altars Day 1**

3:00pm – 4:30pm ~ Spirit Temple ~ Carrie Leitch

When working with the Gods and Spirits, one of the first things practitioners are often called to do is to create an altar or shrine to that particular Entity. Sometimes, when travelling, our Deities call to journey with us. This two part workshop is a multi-layered class combining magick with hands-on arts and crafts instruction. No experience necessary!

Day One: Pick out your would-be altar box and learn surface preparation techniques (sanding and layering primer (Gesso)), measuring, acrylic painting techniques, and collage. A variety of materials will be available, including paints, heavy decorative papers, and fabric with which to line your shrine. A small variety of Deity and Spirit images will be available for use, or bring your own. (All Ages Welcome)

### **The Faces of the Goddess Morrigan**

3:00pm – 4:30pm ~ Brotherhood/Sisterhood Tent ~ Amanda

Who is she, what is her history and why do we feel drawn to her? We will explore these questions, find out her history and discuss the differences between those same stories. (All Ages Welcome)

### **Brigit Meditation**

3:00pm – 4:30pm ~ Salamander's Inferno ~ Ann Marie Garrett

Meditation is one of the proven alternative therapies. It can be broadly classified under the mind-body medicine. The use of Meditation for healing is not new. Meditative techniques are the product of diverse cultures and peoples around the world. It has been rooted in the traditions of the world's great religions. Ann Marie has written a meditation intended to connect you with the Goddess and renew your mind, body and spirit. (All Ages Welcome)

### **Electional Astrology: Why it is important and how to do it.**

3:00pm – 4:30pm ~ Sylph's Breeze ~ Aaron Leitch

We will explore the importance of astrology to the Old Magick of the grimoires, and cover the basics to cast your own Elections for the creation of magical Tools and Talismans. (All Ages Welcome)

### **When the Drummers were Women: A Spiritual History of Rhythm**

3:00pm – 4:30pm ~ Drummer's Camp ~ Remmi

This workshop will teach a traditional West African djembe rhythm associated with the water Goddess Oshun, in two parts. Including basic technique and meditation we will endeavor to connect to the divine feminine through our drums and in ourselves. (Women Only – All Ages Welcome)

"At the end, as at the beginning, stands the archetypal power of the Divine Feminine—the goddess. She is our future as she was our past. With her drum in hand, playing her sacramental rhythms, women can once again take their place in the world as technicians of the sacred. In the pulse of my drum, in the beat of my heart, I erect an altar to her forever."

— Layne Redmond.

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### **Hecate's Wheel in Concert**

8:00pm ~ Stage

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## **SATURDAY**

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### **Learning the Super Haka Part 3**

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strengthen those that have suffered the loss of their loved ones in their life. This will definitely be a special moment for everyone. Come join us for this great event. (All Ages Welcome)

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### **Pagan Leadership Essentials**

10:30am – Noon ~ Spirit Temple ~ Patti Wigington

As the Pagan community grows and changes, those who step into a leadership role – whether by choice or by chance – often feel overwhelmed. Use these top management principles and strategies from the executive suite to help you become a more effective leader in today's Pagan community. (All Ages Welcome)

### **Exploring the Chiefs of Hell**

10:30am – Noon ~ Undine's Grotto ~ Aaron Leitch

In the same vein as previous workshops such as "Why is Satan in the Grimoires?", we will explore the history of several of the chief ruling Spirits of the Underworld as understood in the medieval Western occult tradition. The lecture will focus on the twelve chthonic Chiefs listed in the Book of Abramelin - though these same spirits are found throughout grimoiric literature. Our journey will take us through the Folk-traditions upon which these spirits were based - meeting many Pagan figures along the way, such as Hecate, Lilith, Sol Invictus, Old Scratch, Enki, Cthulhu (yep!), and even... the Goddess and the Horned One! The "demons" of the grimoires aren't who you think! (All Ages Welcome)

### **Essential Middle Eastern Rhythms**

1:00pm – 2:30pm ~ Stage ~ Tribal Soup Project

Tribal Soup Project –Jesse and Seaweed will take you on journey where you will learn the essential Middle Eastern Rhythms that everyone should know. These rhythms will enrich your drumming experience giving you greater confidence in what you are playing and allow you to move further upon your drum path. They can be played on any type of drum, at drum circle, and even for a Belly Dancer. (All Ages Welcome)

### **Tarot Showcase**

1:00pm - 2:30pm ~ Spirit Temple ~ Christiana Gaudet

Christiana Gaudet has been offering gallery-style performances in nightclubs, churches and spiritual centers for years. Now she brings her entertaining and enlightening performance to FPG. Come with a question; Christiana will share her tarot wisdom. You may even receive a special message from a loved one beyond the veil! (All Ages Welcome)

### **Sistrums and Sacred Rhythms**

1:00pm – 2:30pm ~ Vendor's Row ~ Opal Luna and Karl the Drum Guy

Make your own Sistrum. Learn about the history and practice some groovy beats. All supplies will be provided. A love offering would be appreciated but not necessary. (All Ages Welcome)

### **Creating Box Shrines and Altars Day 2**

3:00pm – 4:30pm ~ Spirit Temple ~ Carrie Leitch

When working with the Gods and Spirits, one of the first things practitioners are often called to do is to create an altar or shrine to that particular Entity. Sometimes, when travelling, our Deities call to journey with us. This two part workshop is a multi-layered class combining magick with hands-on arts and crafts instruction. No experience necessary!

Day Two: After placing the finishing touches on your altar box, participants can learn techniques on how to put this new altar to use through the use of prayers, candles, oils, incenses, and other offerings specific to the Entity. We will also cover basic magickal timing to get the best results from your efforts. (All Ages Welcome)

### **Candle Dressing and Decorating**

3:00pm – 4:30pm ~ Brotherhood/Sisterhood Tent ~ Narissa

Learn different ways/ ideas on basic candle dressing and decorating.

Tapers, votives and some basic oil and herbs provided. If there is a specific intention you want to infuse in your candle, please feel free to bring your own. (All Ages Welcome)

### **Color Your World**

3:00pm – 4:30pm ~ Sylph's Breeze ~ DruAnn Welch

Color healing is a simple tool for your spiritual toolbelt. Learn some simple ways you can add and use color in your life to aid in your healing process. (All Ages Welcome)

### **Drum Circle Etiquette & Drumming 101**

3:00pm – 4:30pm ~ Drummer Camp ~ Kelso & Friends

How the drum circle works and learn basic rhythms, feel confident to play in the circle and be part of the magic! This is perfect for anyone who is new to the drum circle, and a great refresher for the veteran drum circle goers...All level of experience welcome. This workshop is for drummers, dancers and anyone who plans to attend the nightly circles. (All Ages Welcome)

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## **SUNDAY**

### **Closing Ritual**

11:00am ~ Brotherhood/Sisterhood Tent ~ Temple of Earth Gathering